

CERTIFICATE

OF PARTICIPATION

This is to certify that

John Nkosi

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 01:56:19

PACE 05:31/km

OVERALL 129 of 766

26 October 2019, Sat

Date

GENDER 120 of

443

50+ 11 of 64



Signature